



# St Patrick's Primary School

Loughgall Road, Armagh BT61 7NL

Principal: Sean McKinley

Tel: 028 3752 3773

Fax: 028 3751 0878

Website: [www.stpatricksparmagh.com](http://www.stpatricksparmagh.com)

2<sup>nd</sup> March 2018

Dear parents/guardians,

In our continued commitment to providing parents with a range of courses addressing both curricular, pastoral and social issues, we have been successful in securing the services of **Mrs Liz Jones** in delivering 2 workshops to parents relating to Pupil Personal & Social Development. Mrs Jones has an extensive background in delivering educational workshops in this area.

The workshops will run as outlined below:

**Workshop 1: Raising Children's Motivation and Persistence;**  
**Date: Monday 12<sup>th</sup> March 2018 @ 7.30pm;**  
**Venue: Assembly Hall;**

**Synopsis:**

*Children are born with a given temperament or type of character. Parents are aware of their children's interests; some children have difficulty completing tasks that they find less enjoyable. Adults can inspire, influence and encourage self-confidence when children are challenged. As part of the workshop, strategies which **encourage** yet avoid anxiety and stress will be discussed.*

**Workshop 2: Supporting Children's Emotional Health & Well-Being;**  
**Date: Wednesday 21<sup>st</sup> March 2018 @ 7.30pm;**  
**Venue: Assembly Hall;**

**Synopsis:**

*Emotional development is linked with children's ability to communicate and interact with others in a positive way. Helping children to identify their feelings and behaviour will overtime assist them to regulate emotions. Dealing with challenges in life improves readiness to learn. As part of the workshop strategies to improve children's emotional wellbeing will be promoted.*

This invite is being sent to **ALL FAMILIES** within school on a 'first come, first served basis.' It is important that we can ascertain the number of parents wishing to attend on both/either dates to secure the services of the facilitator.

To assist us, please complete the attached 'REPLY SLIP' and return it to school, as soon as possible, **but on/before Friday 9<sup>th</sup> March** to allow for arrangements to be finalised.

Yours sincerely,

.....  
S. Mc Kinley  
PRINCIPAL

**PUPIL PERSONAL & SOCIAL DEVELOPMENT PARENT WORKSHOPS -  
REPLY SLIP:**

Dear parent,

Please indicate below which of the 2 Parent Workshops you wish to attend:

*(Please tick any box that applies)*

- a. **Workshop 1: Raising Children’s Motivation and Persistence;**  
Monday 12<sup>th</sup> March @ 7.30pm:
- b. **Workshop 2: Supporting Children’s Emotional Health & Well-Being;**  
Wednesday 21<sup>st</sup> March @ 7.30pm
- c. I am not interested in attending at this time.

Please complete and return to your eldest child’s teacher **on/before Friday 9<sup>th</sup> March.**

PARENT OF :

Child’s Name: ..... Class .....

Child’s Name: ..... Class .....

Child’s Name: ..... Class .....

Signed: .....

Date: .....